

**MOTIVATIONAL INTERVIEWING: Preparing People for Change:  
A THEORY AND SKILL BUILDING TRAINING SEMINAR**

**DATES: March 17, 18 and 19, 2014**

**PLACE: Hotel Beacon, New York City**

**PRESENTER: Kathleen Sciacca, M.A.**

**FEE: \$585.00 prior to February 15, 2014. \$685.00 after February 15th.**

**Fee includes continental breakfasts, refreshments and course materials.**

**Limited to thirty participants.**

**Certificate of course completion will be awarded including 18 contact hours.**

**Certified NYS OASAS trainer. CASAC, CCP & CPS credits pre-approved.**

**Tel.: 212-866-5935, e-mail: [ksciacca@pobox.com](mailto:ksciacca@pobox.com). Fax: 212-666-1942.**

**Mail Registration: Form attached -or process credit card payment. Next page.**

**Theory, Practice and Skill Building in the Miller/Rollnick Model of Motivational Interviewing will be the focus of this training; Prochaska and DiClemente's Stages of Change will be included in this three-day seminar. Includes *New* topics. Motivational Interviewing provides evidence-based strategies and skills for working with many forms of change including: mental health, chemical dependency, primary health care, criminal justice, homeless services, domestic violence, employee assistance programs, HIV/AIDS, gambling and more. It is effective for both adult and adolescent populations.**

**\*Understand Motivational Interviewing (MI) theory, concepts and philosophies.**

**\*Understand the contrasts between traditional interventions and Motivational Interviewing strategies and interventions - Includes the spirit of MI.**

**\*Learn the Correlates between Dual Diagnosis Interventions & MI.**

**\*Learn the Stages of Change (Prochaska/DiClemente) and interventions.**

**\**New!* Learn to measure client' readiness and utilize a worksheet to track progress.**

**\**New!* Learn the four processes of MI, related strategies and interventions.**

**\*Learn the Key Elements of Motivational Interviewing: ^Change talk; ^Guiding;**

**^Providing information, advice and education; ^Expressing Empathy -Includes practice.**

**\*Acquire Intervention and Communication Skills Utilizing Motivational Interviewing Five Strategies and Techniques "OARS" Includes empathic/reflective listening, change talk & skill building practice in each strategy.**

**\*Build Motivation for clients at various stages of readiness and motivation.**

**\*Learn and Practice Strategies to deal with Discord - Resistance.**

**\**New!* Understand how the Motivational Interviewing Treatment Integrity (MITI) scale is used to determine MI adherent interventions and MI competency.**

**\*Learn to Develop a Plan.**

**\**New!* Learn to administer and interpret an MI compatible Functional Analysis.**

**\**New!* Understand elements of Cognitive Behavioral Therapy compatible with MI.**

**\*Learn to use Motivational Interviewing Strategies in Groups.**

**\*Learn Brief Intervention Strategies.**

**Course includes lecture, live demonstrations, experiential practice, video demonstrations, written exercises, questions & answer segments and interactive discussion.**

**Kathleen Sciacca, M.A.**, is trained as a trainer of Motivational Interviewing. She is a member of the MINT since 1995. She is a forerunner in the development of treatment interventions, program development & program materials for Dual Diagnosis; the author of the MIDAA Service Manual; Producer of the video Integrated Treatment/in Library of Congress. Ms. Sciacca has thirty-five years of clinical experience with MH, SA, HIV, Corrections, Health care, EAP, Homeless Services. Twenty-seven years as Dual Diagnosis trainer and program developer. Eighteen years as educator & trainer of Motivational Interviewing. Websites: <<http://pobox.com/~dualdiagnosis>> & <http://motivationalinterviewingtraining.com> new.

### **REGISTRATION**

#### **MOTIVATIONAL INTERVIEWING: THEORY AND SKILL BUILDING SEMINAR**

For Service Providers, Administrators and Educators for Mental Health, Substance Abuse, The Homeless, Criminal Justice, Primary Health Care, HIV/AIDS, Domestic Violence, Employee Assistance, Vocational Rehabilitation, Gambling, Weight Change, Educational settings, Residential care and Chronic care. For adult and adolescent populations.

**DATES:** March, 17, 18 & 19, 2014, 9 AM to 5:00 PM. Registration 8:30AM.

**PLACE:** Hotel Beacon, 2130 Broadway at W. 75<sup>th</sup> St., New York City.

**FEE:** \$585.00 prior to February 16, 2014; \$685.00 after February 16th.

No refunds after February 15<sup>th</sup>. Fee cannot be applied to future seminars.

**HOTEL RESERVATIONS:** Reserve early CALL: 212-787-1100, ext. 2 or 800-572-4969, Mon-Fri. Specify "Motivational Interviewing Seminar." Special rates per night until February 18, 2014: Queen studio, King studio & Double/Double \$220.00 per night (single/double occupancy). King & Queen suites (king/queen bed and queen sofa bed) \$290.00; all rooms w/kitchenette, 32" Flat screen TV, wireless internet and full amenities. Liberal cancellation policy until 24 hours prior to arrival.

For Hotel Information Go To: [Hotel Beacon](http://www.beaconhotel.com/) <http://www.beaconhotel.com/>

Excellent location 3 blocks to Central Park, Museum of Natural History & Planetarium.

Near to Lincoln Center, Times Square, Columbus Circle, Columbus Ave., Broadway (shops, restaurants), the East Side and all New York City attractions.

**Mail Form to:** Kathleen Sciacca, 299 Riverside Drive, 3E, New York, N. Y.

10025. \*Make check or Money order payable to: Kathleen Sciacca in US

dollars. Credit cards accepted go to: <http://users.erols.com/ksciacca/MIannounce.htm>

Scroll to "Buy Now" button.

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#### **REGISTRATION FORM: MOTIVATIONAL INTERVIEWING SEMINAR.**

Motivational Interviewing. Theory, Practice and Skill Building. March 17, 18 & 19, 2014.

\*Limited to the first thirty registrants. **Mail to:** Kathleen Sciacca, 299 Riverside Drive, 3E, New York, N. Y. 10025.

**NAME:** \_\_\_\_\_.

**ADDRESS:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

**Fax:** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Agency:** \_\_\_\_\_

**Client population - change area (addiction, health):** \_\_\_\_\_

**Enclosed is: \$** \_\_\_\_\_ **pay to: Kathleen Sciacca For #** \_\_\_\_\_ **Participant(s)** \_\_\_\_\_

***\*If multiple registrants please provide all names. Kathleen Sciacca, M.A., has a certificate as a trainer of Motivational Interviewing; Is a Member of the MINT since 1995. She is a certified NYS OASAS Trainer & Faculty member - CASAC, CCP & CPS credits pre-approved. We reserve the right to cancel this seminar.***